

Welcome to the first Newsletter for

# **Inside the Garden Fence**

Wow, 2019 is now behind us, what an eventful year, full of ups and downs.

This hideous drought continues relentlessly, and now with the fires, we're all feeling like we are pushed to the limit. Here at Coolah Creek we are very thankful for the green of 'Inside the garden fence'. I feel hopeful that we will all come out the other side in some way shape or form, let's pray that is sooner rather than later.

Whatever it brings I would like to take this opportunity to say a massive thank you to all my 'Inside the Garden Fence' supporters.



The Cooking Tree has continued to produce Tomato Chilli Jam by the 20kg saucepan loads, and a few other specialities when produce is abundant.

It has been a matter of beating the birds to the apricots, fighting the frost for the plums and we are hoping and praying the birds don't spot the quince that are getting bigger by the day.

The veggie patch is chugging along ok albeit with some competition from guinea fowls and wild life. The roos have a party in the front garden every night, I guess what they leave behind is doing some good.

Given the season, we have been flat out keeping it all alive, but it is worth it when the garden is enjoyed by our Inside the Garden Fence participants. The workshops that were held in 2019 with Gillian Hook and Monica Moore were fabulous and I thank them for their time, creative flare and enthusiasm.



I hope everyone has had a chance to enjoy some time off with family and friends over the festive season. Love and cherish those moments together.

Let's hope 2020 has fabulous and exciting new beginnings. I am very pleased to let you know I will be launching my new web site in January 2020. (It's only taken me a few years to get myself sorted).

On it you will find dates for upcoming workshops in 2020 and other happenings 'Inside the Garden Fence' at Coolah Creek.

Please feel free to call me and have a chat about anything.

# Workshops and opportunities coming up in the first half of 2020

- Watercolour Workshop
- Cheese Making Workshop
- Wellness Workshop and Retreat
- Sourdough Bread Workshop
- The Shop is always open- Jars of Jillie's goodies from Inside the Garden Fence
- Special Events Create your own day 'Inside the Garden Fence'
- Gift Vouchers available if you just can't decide!

# Gillian Hook Watercolour Workshop

## Date: 24th - 26th April

Gillian is a beautifully talented watercolour artist, who has an amazing knack for teaching. If you would like to start, or just brush up on your watercolour skills, this is definitely the workshop for you.













### **Cheesemaking Day**

Date: To be confirmed

Debbie Kiem and Pip Archer, the dynamic duo from Blue Sky Cheese, will lead us through the making of cheese. We will no doubt laugh and learn, and maybe get some cheese to take home with us.





## **Wellness Retreat**

Date: 20th - 22nd March

Get in touch with your inner 'calm'. We will lead you through some amazingly calming, yet empowering techniques, with yoga and meditation, and share the tricks of remaining in control in this crazy world we live in. Get to know your 'gut' and what to do to make your body function at 150%.



## **Sourdough Starter**

Date: Contact me, I'm flexible!

Come and have a fun day out, more laughing and learning making bread and focaccia together.





Please feel free to contact me if you have a special request or would like to bring your own group for a day out. These days are very relaxing and provide a much needed break for all in this tough dry time.

If you would like to purchase a gift voucher feel free to contact me and I will organise for you.

Have a very Happy New Year and all the very best for the year ahead.

Hope to see you 'Inside the Garden Fence' in 2020.

xo Jillie









Contact: Jillie Arnott

Phone: 0428 321 638

Email: jillie@coolahcreek.com.au

Instagram: @insidethegardenfence

Address: Coolah Creek, Coolah NSW 2843